



## PAR AKLETOS COUNSELING CENTER

### Counseling Services Information

- Student Counseling
- One-on-one & Group Counseling (Students/Teachers)
- Drugs Testing & Assessment
- Career Guidance
- Self Awareness
- Relationship Counseling
- Teenage Pregnancy
- Anger & Stress Management
- Trauma counseling
- Truancy
- Parenting Skills
- Family Counseling
- Loss and Grief Counseling
- Child/Adolescent Play & Art Therapy



#### **Counselor Margaret N. Mbugua**

BA Counseling Psychology , KCPA Registered  
Counselor, NACADA Recovery Coach

Professional Centre (TSC Kiambu Offices),  
Ground Floor, Room 5  
Kiambu Road, Opposite Kiambu Hospital  
Next to KIDIS Clinic

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