



## PARAKLETOS COUNSELING CENTER

### Counseling Services Information

- Student Counseling
- One-on-one & Group Counseling  
(Students/Teachers)
- Drugs Testing & Assessment
- Career Guidance
- Self Awareness
- Relationship Counseling
- Teenage Pregnancy
- Anger & Stress Management
- Trauma counseling
- Truancy
- Parenting Skills
- Family Counseling
- Loss and Grief Counseling
- Child/Adolescent Play & Art Therapy
- Marriage Counselling

### **Margaret Mbugua**

BA Counseling Psychology , Masters in Education, Licensed by Counsellors and Psychologists Board, NACADA Recovery Coach

At OASIS Health Services  
Thindigua, along Kiambu Road, behind Delta Petrol Station.  
Ground Floor



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